

HEIFER INTERNATIONAL HONDURAS STUDY TOUR

Tentative Itinerary: July 10 - 16, 2011*

Date	Activity	Responsible Person	Remarks
Sunday July 10, 2011 Day One	<ul style="list-style-type: none"> • Arrive at Tegucigalpa International Airport (TGU); transfer to Villa Gracia Lodge • Welcome, introductions and logistics • Presentation on Honduran history by Mario Argueta 	Gloria or Tim Wheeler	Overnight at the Villa Gracia Lodge in Tegucigalpa
Monday July 11, 2011 Day Two	<ul style="list-style-type: none"> • Hunger and poverty workshop with Teresa Lopez and Norma Mejia of Fundacion Simiente • Lunch • Visit Heifer Honduras office in downtown Tegucigalpa for orientation on Heifer, the Mission and Vision, the Cornerstones, and Heifer's values-based planning model • Visit Suyapa Cathedral 	Gloria or Tim Wheeler	Overnight at Villa Gracia
Tuesday July 12, 2011 Day Three	<ul style="list-style-type: none"> • Breakfast at Villa Gracia • Visit the "Strengthening Rural Micro-Enterprises in Honduras" partners with COMIPRONIL in La Esperanza (#23-1507-02) • Lunch en route • Check-in to the hotel in Gracias • Reflection/debriefing session • Dinner at hotel 	Gloria or Tim Wheeler	Approx. 5 hr. drive from Tegucigalpa to Gracias Overnight at Gracias, Lempira
Wednesday July 13, 2011 Day Four	<ul style="list-style-type: none"> • Breakfast at the hotel • Visit the "Sustainable Food Systems in Copan and Lempira" Umbrella Project – partners with PUCA in Gracias, Lempira (#23-1509-02) • Lunch with the community • Visit the "Food Sovereignty and Biodiversity in the Western Region" SABC Project in Lempira (#23-1500-02) • Reflection/debriefing session • Dinner at the hotel 	Gloria or Tim Wheeler	Overnight at Gracias, Lempira
Thursday July 14, 2011 Day Five	<ul style="list-style-type: none"> • Breakfast at hotel • Travel to Copan • Visit the "Sustainable Food Systems in Copan and Lempira" Umbrella Project – partners with DIA in Trinidad, Copan (#23-1509-02) • Reflection/debriefing session • Dinner at local restaurant in Copan • Free time in Copan for shopping at the market or 	Gloria or Tim Wheeler	Approx. 3 hr. drive from Gracias to Copan Ruinas (without stops) Overnight at the Hotel Camino Maya in Copan Ruinas Website:

	other activities		http://www.caminoayahotel.com/ingles/index.html
Friday July 15, 2011 Day Six	<ul style="list-style-type: none"> • Breakfast at the hotel • Visit the Mayan Ruins and Museum in Copan • Lunch • Free time, option of horse riding, massages or visiting a Maya Chorti Village • Final reflection/debriefing session • Dinner at the hotel 	Gloria or Tim Wheeler	Overnight at the Hotel Camino Maya in Copan Ruins
Saturday July 16, 2011 Day Seven	<ul style="list-style-type: none"> • Early morning departure for San Pedro Sula • Afternoon Departure from San Pedro Sula International Airport (SAP) 	Gloria or Tim Wheeler	

**Please Note: The trip itinerary is subject to change at any time, even once a trip commences.*

