

## Introduction

# Feed Your Mind. Take Action. End Hunger.

Welcome and thank you for your interest in global education with Heifer International. Heifer is excited to involve parents, educators and students in changing the world.

### It Starts Here.



The Global Education Resource Kit is a complete resource for educators as well as community leaders interested in bringing new and fun activities to their classrooms while fostering in their students a passion for helping others. This kit offers a unique chance for teachers to meet national learning standards while leading students on the path to active global citizenship.

### Much More Than Read To Feed.

Read to Feed, Heifer's very successful reading incentive program, is only part of what is offered here. Inside, you will find lesson plans, enrichment activities, multimedia supplements and information about service learning programs, in addition to Web-based resources and support.

The 9.2 million families around the globe whom Heifer has helped with gifts of livestock and agricultural training are evidence that a concentrated effort can make a difference. But livestock is just one part of the solution. Animals could not have impacted so many lives without the support of caring people like you. This is why Heifer believes that educating the public in developed countries about hunger, poverty and sustainability is an important component of the solution.

### How To Use This Kit.

Use it to fit your situation. Use it in the way that is best for you and your students.

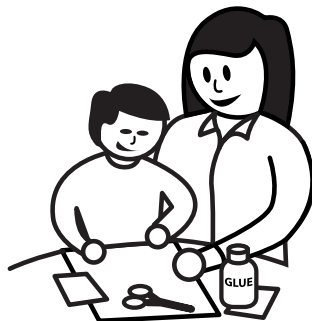
With the varied needs of educators in mind, Heifer designed this kit as a series of flexible components. After examining the enclosed materials, it is entirely up to you what components you choose and what lessons or activities you implement. Educators can use all of the lessons here, or just a few. You can even create your own lesson plan based on the information provided.

The same freedom exists with the kit's service learning and fund-raising activity ideas.

For further information, visit [www.HeiferEducation.org](http://www.HeiferEducation.org) where you can create a virtual classroom, unlock interactive learning resources and fund-raising tools, and learn about other ways to spread the word about world hunger and poverty. You will also find that the Web site is a great place to share your lesson ideas and the unique ways you incorporate the subject matter into your classrooms.

### What's In This Kit:

- Introduction
- Lesson Plans
- Action Ideas
- Additional Resources
- Final Steps



Visit [HeiferEducation.org](http://HeiferEducation.org) for additional resources and activities.





# Seven Steps

## Step 1

### Relax. It's Built Just For You.

The prospect of teaching young students about the complicated but critical issues of world hunger and poverty can seem overwhelming. However, the Global Education Resource Kit has been carefully designed by a team of educators and experts that understands the pressures of today's classroom. All lessons and activities are tied to national standards<sup>1</sup>, and the modular nature of this package allows you to tailor it to your specific needs. Through the Web, you will receive support from fellow teachers using these materials, as well as continually updated resources from Heifer.

Teaching future generations how to create a sustainable world is necessary work.

Thank you for your efforts.

## Step 2

### Educate Yourself.

Find the "Start Here" DVD in the front of this packet. Viewing this short video will give you a basic knowledge of Heifer International's work and why education is such an important part of its mission.

Read the children's or young adults' book included with your kit. This book was written by noted author Page McBrier and is based on her experiences with Heifer project partners. Take time to review the lessons in the Lessons Tab and notice that all of them spring from the story and setting of their respective book.

Alone, this book is the perfect way to entertain and stimulate students but, when combined with lessons and activities (developed in collaboration with the University of Denver's Center for Teaching International Relations), it becomes an extremely powerful teaching tool.

Also view the copy of "Everyday Heroes" included in this kit, and visit [www.heifer.org](http://www.heifer.org) to learn more about Heifer and its work.

## Step 3

### Go Online.



Log on to [www.HeiferEducation.org](http://www.HeiferEducation.org). There you can build a virtual classroom, learn more about Heifer's educational efforts, talk and share with fellow teachers, and tell others about the impact global education is having on your classroom and community. HeiferEducation.org is also full of continuously updated classroom exercises, lessons and activities, as well as multimedia options.

The site is as essential to the success of the Global Education Resource Kit as any component. It behooves you to take advantage of this incredible resource.

<sup>1</sup> National Science Education Standards  
By the National Academy Press © 1996  
Principles and Standards for School Mathematics  
By National Council of Teachers of Mathematics © 2000, 2004  
Standards for the English Language Arts  
By the National Council of Teachers of English & International Reading Association © 1996  
Geography for Life: National Geography Standards  
By the Geography Education Standards Project, © 1994 by National Geographic Research & Exploration  
National Standards for Civics and Government  
By Center for Civic Education © 1994, 1997

## **Step 4** **Bring What You've Learned To Your Classroom.**

Now it is time to design your lesson plan. As mentioned above, the lessons in this kit are independent and modular and tied to national standards. Feel free to teach all of them in sequence or mix and match them to meet your specific needs.

Keep in mind that new lessons and activities will be posted regularly at [HeiferEducation.org](http://HeiferEducation.org).

## **Step 5** **Take Action.**

As children and young adults begin to learn more and more about their world, they become more likely to want to change it for the better. To support these desires, Heifer offers what it calls Action Ideas.

Action Ideas are blueprints for school and community activities designed to enrich a student's educational experience while helping others in need. In this kit, Heifer offers three complete action plans.

View these action ideas not just as activities but as teaching and learning opportunities as well. Here, as with the lessons, Heifer gives you an array of options that all meet national standards. In addition to the three complete plans, you will find sketches of some more brilliant ideas.

The Action Ideas tab also contains information on Heifer's well-known Read To Feed program.

## **Step 6** **Give.**

Heifer is a nonprofit organization that relies on people like you and your students to help empower families around the world. Inside this kit, you will find a donation form and other information on how to donate to Heifer International. After taking action, you and your students will find the rewards of giving are countless.

Give to Heifer, and give hope.

## **Step 7** **Share.**



The final steps: Reflect on a job well done, and celebrate what you and your students have accomplished by sharing with others in your school and community.

This involves telling Heifer's story to local media, at education conferences and in school publications, to name a few. More information on how to do this can be found at [www.HeiferEducation.org](http://www.HeiferEducation.org). This site also allows you to share your story with the entire world through multimedia.

**Again, thank you for your interest in educational opportunities with  
Heifer International. Together, we can build a better world.  
We can start in your classroom.**

**FEED YOUR MIND.  
TAKE ACTION.  
END HUNGER.**

