



## BRINGING IT ALL TOGETHER

**N**ow it's time for the fun part! You and your classmates get to decide what animals to buy for families in need.

Let's say you decide to give a goat and a flock of chicks. Thanks to you, the family who receives the flock of chicks will have protein-rich eggs to eat and maybe even some extras to sell. And the family who receives the goat will have milk to drink, plus extra milk to sell or make into cheese and yogurt. Money from the sale of eggs and milk may make it possible for these families to afford school fees and books, medical care, improved housing and other necessities.

The best part is that the families who receive the goat and chicks will eventually pass on the gift by sharing one or more of the animals' offspring to other families in need. The giving chain will continue, and your gift will help end poverty for many.

Each purchase is a contribution to the entire mission of Heifer International and represents the complete livestock gift of a high-quality animal, technical assistance and training. Donations will be used where needed most to help struggling people.

### Sheep are a Sure Thing

**Gift of a Sheep: \$120**

**Share of a Sheep: \$10**

**M**any communities around the world depend on wool, meat and even milk from sheep. Families use sheep's wool to make clothes or sell for extra income. Sheep often give birth to twins or triplets and can graze even in the hilliest, rockiest pastures.

Where the soil is very fragile, Heifer trains people to keep the sheep in zero-grazing pens with room for the animal to eat, sleep and exercise (a kitchen, bedroom and a gym!). Zero-grazing pens protect animals from diseases and predators. The manure is collected from under the pen and is used for fertilizer to improve soil and pasture land.



### Laudable Llamas

**Gift of a Llama: \$150**

**Share of a Llama: \$20**

**I**t's easy to sing the praises of llamas. At home in rough, mountainous areas, llamas provide transportation and wool, which is prized for making blankets, ponchos, carpet and



rope. Families can sell these products for extra income.

Llamas are hardy (don't get sick often) and require little care. They can live at high altitudes where their padded feet are easy on the fragile earth.



### **Duck, Duck, Goose**

#### **Flock of Ducks and Geese: \$20**

**D**ucks and geese are very useful domestic (meaning not wild) animals. They are easy to raise, don't require much shelter and can adapt to hot, wet or cold weather. They can find some of their own food and eagerly eat weeds, slugs and snails while they fertilize the garden with their droppings.

Ducks and geese are efficient egg producers. Quality geese lay about 75 large eggs a year and ducks can lay up to 200. Heifer families pass breeding eggs or young birds on to others in need.

With their geese, Heifer families also get vigilant "watch-dogs," too! (Ever try to hush a gaggle of honking geese?)

### **Beauty of Bees**

#### **Gift of Honeybees: \$30**

**T**he way bees work together is a lesson for us all. They produce food, care for their young, recycle waste and create an effective, efficient community. Bees are easy to keep. They require almost no space and once the hives are established, they are inexpensive to maintain. After all, humans don't have to feed bees!

As bees search for nectar (their food), they pollinate plants. Placed in the right places, near fruit trees and vegetable gardens, beehives can as much as double fruit and vegetable yields. A package of Heifer bees and a hive provide families better crops, candle wax, pollen for medicine and honey to eat and sell.



### **Get Your Goat!**

#### **Gift of a Goat: \$120**

#### **Share of a Goat: \$10**

**G**oats can thrive in extreme climates and on poor, dry land by eating leaves, weeds and grass that humans don't eat.

Many of the world's people rely on them for milk! A dairy goat can

supply a family with up to four quarts of nutritious milk a day—just about the right amount if you don't have a refrigerator. They can sell the extra milk for income or make it into cheese or yogurt.

Families use goat manure to fertilize plots of trees and vegetable gardens. Goats often have two or three kids a year. (Yep, humans and goats both have “kids”!)



### **Not a Cup But a Cow**

**Gift of a Heifer: \$500**

**Share of a Heifer: \$50**

**H**urray for Heifers—that's a cow that has not yet borne a calf, but soon will! A quality dairy cow can produce four gallons of milk a day—enough for a family to drink, share with neighbors and sell for cash.

By adding protein to their diets, milk helps make undernourished children healthy. The sale of surplus milk earns money for school fees, medicine, clothing and home improvements. Each family that receives a heifer passes on the gift of the first female calf to another family.



### **Rabbit Rules**

**Trio of Rabbits: \$60**

**Share of Rabbits: \$10**

**A** gift of rabbits to a family with little land and few resources yields remarkable results.

Rabbits are easy to raise. To thrive they just need to stay warm and dry; and eat simple foods like carrot tops, potato vines and grasses. Rabbit manure can be applied directly to gardens, to make them produce more crops or vegetables. Because rabbits have as many as 40 offspring a year (wow!), the gift multiplies quickly, benefiting many families. Rabbits provide families with a steady source of protein and income.



### **Treasure the Trees**

**Tree Seedlings: \$60**

**Share of Seedlings: \$10**

**O**kay, so trees aren't animals! But Heifer International is determined to provide an alternative to eroded hillsides, vanishing



farmland and forests, polluted water and urban sprawl. There may not be ONE BIG SOLUTION, but lots of little ones.

All Heifer projects are about helping both people and the land.

Trees are essential to life on earth. They breathe out oxygen and breathe in carbon dioxide. They hold water in the soil and moisture in the air. They provide food and medicines for birds, animals and people. That's why planting fast-growing trees is often the first step when families and communities begin working with Heifer. They put nitrogen back into the soil, serve as wind-breaks and provide animal feed, fencing and firewood.

### **The Wonders of Water Buffalo**

**Gift of a Water Buffalo: \$250**

**Share of a Water Buffalo: \$25**

In resource-poor villages in India or the Philippines, water buffalo provide milk for protein, manure for fertilizer and fuel, and plowing power for planting rice and potatoes. A farmer can plant four times more rice with a buffalo than by hand.

Water buffalo haul heavy loads to market, where the sale of extra produce brings in income for clothing, medicine and school. By renting buffalo to neighbors, families can earn more money. (Did you know that traditional Italian mozzarella—the soft, elastic cheese commonly used in pizza originated with water buffalo milk! Think about the wonders of water buffalo next time you chomp down on a piece of pizza, extra cheese please!)



### **Pigs for Progress**

**Gift of a Pig: \$120**

**Share of a Pig: \$10**

Pigs are among the world's most popular farm animals. The reason? They're prolific! With up to 20 piglets a year that can weigh as much as 200 pounds in six months, families with Heifer pigs often double their income. And there are plenty of offspring to pass on to others in need.

Heifer teaches families to house their valuable pigs in clean, shady pens and feed them carefully. Pigs eat a lot, but they don't need to compete with humans for food—they can even consume crop and vegetable waste. In return, they produce



manure to enrich the garden, body-building protein to supplement a starchy diet and money for necessities like school, clothes and housing. Farm animals, like pigs, are “living bank accounts” (piggy banks!) for poor families.

### Chicks: A Champion Choice

#### Flock of Chicks: \$20

Starting at six months, a good hen can lay up to 200 eggs a year—a reliable source of protein for those children who otherwise would live mostly on starches. Extra eggs can be sold to pay for school, clothes and medicine.

Because chickens require very little space and can thrive on readily available food scraps, families can make money from the birds without spending too much. In the vegetable garden, chickens peck at bugs and weeds, scratch up the soil and enrich it with droppings—so they improve diets and crops.

Chicks help children from Cameroon to China!



### Gift of a Knitting

#### Basket: \$500

A “Knitting Basket” includes two llamas and two sheep—one male and one female of each—animals famous for their warm, income-producing wool.

From shearing to spinning to finally selling woolen goods at market, a “Knitting Basket” can help families earn enough income to weave a new future full of hope and self-sufficiency.



### Gift of a Milk

#### Menagerie: \$1,000

The “Milk Menagerie” includes one quality-breed heifer, two goats and a water buffalo—that’s four milk-producing animals!

After families who are to receive the animals get extensive training in livestock management, they will enjoy gallon after gallon of nutritious milk from each animal in the Milk Menagerie.

